

# City of Jefferson Cole County Resource Guide



**Disclaimer:**

This community resource guide is not exhaustive; the contents of this community resource guide are intended to provide information on known social resources available within our community. The content of this resource guide is provided for informational purposes only and does not constitute an endorsement of and/or advertisement for any agency, business, or program. Recipients should be mindful that social resources can be changed and/or discontinued at any time.

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## Governmental Agencies

### **Social Security Administration (SSA)**

129 Scott Station Road, Jefferson City, MO 65109

Phone: 800-772-1213

Website: <https://www.ssa.gov/>

#### **Informational Topics Include:**

- Social Security Card
- Disability
- Medicare
- Survivor Benefits
- Retirement

### **Housing and Urban Development (HUD)**

400 State Avenue, Kansas City, KS 66101

Phone: (913) 551-5469

Website: <https://www.hud.gov/>

#### **Informational Topics Include:**

- Public Housing
- Housing Choice Voucher (Section 8)
- Shelter Plus Care Program
- Subsidized apartments

### **Department of Veteran's Affairs (VA)**

9700 Page Avenue, Suite 301, St. Louis, MO 63132

Phone: 800.827.1000

Website: <https://www.va.gov/>

#### **Informational Topics Include:**

- Healthcare benefits
- Medical services
- Mental health services
- Disability compensation
- Survivor benefits
- Vocational rehabilitation
- Education and training benefits
- Dependent's educational benefits
- Home loans
- Burial benefits
- Nationwide gravesite locator

Updated: 06/10/2024 (MW)

## **Substance Abuse and Mental Health Services Administration (SAMHSA)**

5600 Fishers Lane, Rockville, MD 20857

Phone: 800-726-4727

Website: <https://www.samhsa.gov/>

### **Informational Topics Include:**

- Suicide and Crisis Lifeline
- Veterans Crisis Line
- Disaster and distress helpline
- Drug-free workplace helpline
- Confidential treatment referrals
- Mental health information
- Substance use information
- Opioid Treatment Program Directory
- Early Serious Mental Illness Treatment Locator
- Buprenorphine Practitioner Locator
- Recovery Support

## **National Institute of Health (NIH)**

9000 Rockville Pike, Bethesda, MD 20892

Phone: (301) 496-4000

Website: <https://www.nih.gov/>

### **Informational Topics Include:**

- National Institute on Drug Abuse (NIDA)
- National Institute on Alcohol Abuse and Alcoholism (NIAAA)
- National Institute of Mental Health (NIMH)
- National Institute on Deafness and Other Communication Disorders (NIDCD)
- National Institute of Allergy and Infectious Diseases (NIAID)

## **Centers for Disease Control and Prevention (CDC)**

1600 Clifton Road NE, Mail Stop D-72, Atlanta, GA 30333

Phone: 800-232-4636

Website: <https://www.cdc.gov/>

### **Informational Topics Include:**

- Alcohol and public health
- Disability
- Mental health
- Behavioral risk factor surveillance system
- Vaccines and immunizations
- Healthy aging
- Smoking & tobacco use
- Health-related quality of life

## Household Assistance

### Missouri Department of Social Services (DSS/DFS)

3600 County Club Drive, PO Box 2700, Jefferson City, MO 65109

Phone: (573) 751-4688

Website: <http://www.dss.mo.gov/>

#### Informational Topics Include:

- Supplemental Nutrition Assistance Program (SNAP)
- Temporary Assistance for Needy Families (TANIF)
- Child Care Assistance
- Healthcare programs
- Low-Income Home Energy Assistance Program (LIHEAP)
- Energy Crisis Intervention Program (ECIP)
- Energy Assistance (EA)

### Jefferson City Housing Authority

1040 Myrtle Avenue, Jefferson City, MO 65109

Phone: (573) 635-6163

Website: <https://www.jchamo.org/>

#### Programs Include:

- Public Housing
- Housing Choice Voucher (Section 8)
- Shelter Plus Care Program
- Subsidized apartments

### Central Missouri Community Action Center (CMCA) – Family Resource Center

1109 Southwest Boulevard, Jefferson City, MO 65109

Phone: (573) 635-4480

Website: <https://cmca.us/>

#### Programs Include:

- Utility payment assistance
- Home weatherization
- Job readiness
- Head Start
- Healthy Relationships
- SkillUp
- B-17 loan program (assists in freeing consumers from payday loan debts)
- Financial education programs
- Foster grandparent program

### **Common Ground Community Building**

1015 East Atchison Street, Jefferson City, MO 65109

Phone: (573) 522-4314

Website: <https://www.cgcb.org/>

#### **Programs Include:**

- Families Forward – housing assistance program
  - Program requirements: the family is homeless, with a child under the age of 18, has a sustainable source of income, and resides within the Jefferson City Public School District
- Utility assistance
- Rent assistance
- Gasoline vouchers
- Bus passes
- Prescription assistance
- Community Garden

### **Salvation Army**

927 Jefferson Street, MO 65101

Phone: (573) 635-1975

Website: <https://centralusa.salvationarmy.org/midland/jeffersoncity/>

#### **Programs Include:**

- Rent assistance
- Utility assistance
- Emergency medication bill assistance
- Bus passes
- Clothing vouchers (Thursdays from 9 am – 12 pm)
- Center of Hope Shelter

### **Redeem Project**

1406 Missouri Boulevard, Suite H, Jefferson City, MO 65101

Phone: (573) 353-4720

Website: <http://www.theredeemproject.org/>

#### **Programs Include:**

- Community resource support and education
- Family self-sufficiency (Section 8 voucher required)
- Christmas gift assistance
- Community-based Classes:
  - Classes include: anger management, budgeting, finance, smart money, healthy home, fire safety, nutrition, diet, wellness, basic computer skills, HiSet preparation, Literacy programs

## **Samaritan Center**

1310 East McCarty Street, Jefferson City, MO 65101

Phone: (573) 634-7776

Website: <http://www.midmosamaritan.org/>

### **Programs Include:**

- Utility assistance
- Rent Assistance
- Gasoline vouchers
- Prescription assistance
- Legal care program
- Tax assistance
- School supplies
- Holiday assistance: Easter baskets, Thanksgiving meals, Christmas gifts, Halloween costumes
- Infant and child supplies
- Clothing closet
- Food pantry

## **Law Enforcement**

### **Cole County Sheriff Department**

350 East High Street, Jefferson City, MO 65101

Phone: (573) 634-9160

Website: <http://www.colecounty.org/220/Sheriffs-Office>

### **Informational Topics Include:**

- Emergency and non-emergency community responses throughout Cole County
- Neighborhood watch
- Citizens Instructional Academy
- Rape Aggression Defense (RAD) classes
- School Resource Officers (SRO)
- DARE program

### **Jefferson City Police Department**

401 Monroe Street, Jefferson City, MO 65101

Phone: (573) 634-6400

Website: <http://www.jeffersoncitymo.gov/government/police.php>

### **Informational Topics Include:**

- Emergency and non-emergency community responses throughout the City of Jefferson
- Community Action Team
- Community outreach/neighborhood watch
- School Resource Officers (SRO)
- DARE program
- Crisis Intervention Training (CIT)

## **Missouri State Highway Patrol, Troop F**

2920 North Shamrock Road, Jefferson City, MO 65101

Phone: (573) 751-1000

Website: <https://www.mshp.dps.missouri.gov/MSHPWeb/Root/index.html>

### **Informational Topics Include:**

- Emergency and non-emergency community responses throughout the State of Missouri
- Public Information and education
- Motor and commercial vehicle inspection and enforcement
- Crime Laboratory
- Air and water safety, patrol, and assistance

## **Legal**

### **Mid-Missouri Legal Services**

428 East Capitol Avenue, Suite 200, Jefferson City, MO 65101

Phone: (573) 634-4545

Website: <http://mmls.org/>

### **Programs Include:**

- Provides free legal assistance and legal information to low-income Mid-Missouri residents
  - Civil legal services include: divorce, orders of protection, unemployment compensation, bankruptcies, landlord/tenant disputes, powers of attorney, wills

### **Samaritan Center**

1310 East McCarty Street, Jefferson City, MO 65101

Phone: (573) 634-7776

Website: <http://www.midmosamaritan.org/>

### **Programs Include:**

- Guidance on pro se (do it yourself) legal matters
- Provides free and reduced-cost legal services to qualified low-income individuals
  - Civil legal services include: divorce, orders of protection, unemployment compensation, bankruptcies, landlord/tenant disputes, powers of attorney, wills

### **Missouri Legal Services**

Website: <http://www.lsmo.org/>

### **Informational Topics Include:**

- Information on legal aid programs available to low-income residents of Missouri
- Access to legal information

## Child Care

### Missouri Department of Elementary and Secondary Education Child Care

205 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 751-4212

Website: <https://dese.mo.gov/childhood/child-care>

#### Informational Topics Include:

- Allows consumers to search for and find state-licensed childcare providers
- Allows consumer to research child care provider/facility's history of compliance, complaints, and investigations by the State of Missouri
- Links to child care licensing and regulatory information

## Early Childhood

### Missouri Department of Elementary & Secondary Education – Office of Childhood

205 Jefferson Street, Jefferson City, MO 65101

Phone: 573-751-4212

Website: <https://dese.mo.gov/>

#### Informational Topics Include:

- Home visiting program
- Child care subsidy
- Early intervention
- Platform to search child care providers
- Outreach
- Educational training and support

### Parents as Teachers – Jefferson City Public School District

812 St. Mary's Boulevard, Jefferson City, MO 65109

Phone: (573) 659-3026

Website: <https://www.jcschools.us/domain/168>

### Parents as Teachers – Cole R1 (Russellville) School District

13111 Park Street, Russellville, MO 65074

Phone: (573) 782-3298

Website:

<https://coler1indians.socs.net/vnews/display.v/SEC/Schools%7CParents%20as%20Teachers>

### Parents as Teachers – Cole RII (Blair Oaks) School District

6209 Route B, Jefferson City, MO 65101

Phone: (573) 636-2020

Website: <https://www.blairoaks.k12.mo.us/page/parents-as-teachers>

## **Parents as Teachers – Cole RV (Eugene) School District**

14803 Highway 17, Eugene, MO 65032

Phone: (573) 498-4000

Website: <https://www.coler-v.k12.mo.us/departments/educational-services/pat>

### **Parents as Teachers Programs Include:**

- Parent education & support program
- Home visits with a Certified Parent Educator
- Provides parental support to engage parents in their children’s learning & development

## **Cole East Head Start**

605 Cherry Street, Jefferson City, MO 65101

Phone: (573) 636-3577

Website: <https://cmca.us/cole-county/>

### **Programs Include:**

- Safe, developmentally enriching, and comprehensive child development services
  - Facility operates Monday through Friday, 7:30a – 5:30p
- Support parents as caregivers
- Support parents in achieving self-sufficiency
- Cross-system collaborations that support families
- Provide a safe and developmentally enriching environment that promotes the physical, cognitive, social, and emotional development of infants and toddlers
- Federally funded child care program for low-income families

## **Education**

### **Missouri Department of Elementary & Secondary Education**

205 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 751-4212

Website: <https://dese.mo.gov/>

### **Informational Topics Include:**

- Learning standards
- Transcripts
- Literacy initiatives
- Educator evaluation
- Complaints about & concerns with a school
- Mental health resources for school staff & students

## Public School Districts

### **Jefferson City Public School District (JCPS)**

315 East Dunklin Street, Jefferson City, MO 65101

Phone: (573) 659-3000

Website: <https://www.jcschools.us/>

### **Blair Oaks School District (Cole R- II)**

6209 State Highway B, Jefferson City, MO 65101

Phone: (573) 636-2020

Website: <http://www.blairoaks.k12.mo.us/>

### **Eugene School District (Cole R- V)**

14803 State Highway 17, Eugene, MO 65032

Phone: (573) 498-4001

Website: <https://www.coler-v.k12.mo.us/>

### **Russellville School District (Cole R-I)**

13600 State Highway C, Russellville, MO 65074

Phone: (573) 782-3534

Website: <https://coler1indians.socs.net/>

## Private Schools

### **Catholic Diocese Of Jefferson City, School Office**

2207 West Main Street, Jefferson City, MO 65110

Phone: (573) 635-9127

Website: <https://diojeffcity.org/our-schools/school-office/>

### **Helias Catholic High School**

1305 Swifts Highway, Jefferson City, MO 65109

Phone: (573) 635-6139

Website: <https://www.heliascatholic.com/>

### **Calvary Lutheran High School**

2525 State Highway B, Jefferson City, MO 65101

Phone: (573) 638-0228

Website: <http://www.calvarylhs.org/>

## After School Programs

### Boys and Girls Club of Jefferson City

1105 Lafayette Street, Jefferson City, MO 65101

Phone: (573) 634-2582

Website: <https://bgcjc.com/>

#### Programs Include:

- Power Hour – tutoring assistance for youth aged 5 – 12
- Diplomas to Degrees – tutoring, mentoring, and career readiness
- STEM -Science, Technology, Engineering, and Math
- Summer Brain Gain
- Arts Activities
- Good character & citizenship
- Healthy Lifestyles

### Y-Care

424 Stadium Boulevard, Jefferson City, MO 65101

Phone: (573) 761-9015

Website: <http://www.jcymca.org/y-care/>

#### Programs Include:

- State-licensed child care program providing child care before and after each school day
- Childcare is available at the following elementary schools:
  - Belair, Cedar Hill, Lawson, Moreau Heights, Thorpe Gordon, West, Pioneer Trail, South
  - Blair Oaks Elementary

## Adult Education

### Adult Basic Literacy Education (ABLE)

308 East High Street, Jefferson City, MO 65101

Phone: (573) 636-5558

Website: <http://www.ablelearningcenter.com/>

#### Requirements:

- Must be Mid-Missouri resident

#### Programs Include:

- Adult literacy programs
- Adult writing programs
- Tutoring programs for middle school students
- Free tutoring program for middle school students

## **Mid-MO Adult Learning Center**

204 East Dunklin Street, Jefferson City, MO 65101

Phone: (573) 751-1249

Website: <https://www.nld.org/jefferson-city-adult-learning-center?student=1>

### **Programs Include:**

- Adult Education & Literacy (AEL) - free virtual or classroom instruction/preparation/tutoring for HiSET
- English as a Second Language (ESL) Program
- Improve reading and writing
- Math skills

## **Higher Education**

### **Federal Student Aid**

P O Box 7656, London, KY 40742

Phone: 800-433-3243

Website: <https://studentaid.gov/>

### **Informational Topics Include:**

- Information on grants and financial aid for higher education opportunities

### **Missouri Department of Higher Education**

301 West High Street, Suite 860, Jefferson City, MO 65101

Phone: (573) 751-2361

Website: <https://dhewd.mo.gov/ppc/grants/>

### **Programs Include:**

- Missouri Higher Education Academic Scholarship Program
- 15 to finish
- Adult Learner Network
- Fast Track Workforce Incentive Grant
- Math Pathways
- Equity in Missouri Higher Education
- Information on grants & scholarships for Missouri residents
- Information for A+ Scholarships for Missouri residents

## Special Education

### Missouri Department of Elementary & Secondary Education – Special Education

205 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 751-4212

Website: <https://dese.mo.gov/special-education>

#### Informational Topics Include:

- Special Education Resources
- Dynamic learning map
- Virtual Learning Platform
- Accessible educational materials
- Individual Education Plan (IEP)
- State disability schools
  - Missouri School for the Blind, Missouri School for the Deaf, Missouri School for the SEverly Disabled
- Sheltered workshop

#### Special Learning Center

1115 Fairgrounds Road, Jefferson City, MO 65109

Phone: (573) 634-3070

Website: <https://www.speciallearningcenter.com/>

#### Requirement:

- Birth – age 3, must be JCPS resident

#### Programs Include:

- Language, motor skill, social, and emotional evaluations and assessments of children aged 6 & younger
- Special Education Resources
- Education Therapy Services
- Skip Clinic
- Crayon Kids Childcare
- Missouri First Steps
- Outreach and Family Support
- Therapy evaluations of children aged 6 & younger
- Occupational, speech, and physical therapy

### **Southwest Early Childhood Center**

812 St. Mary's Boulevard, Jefferson City, MO 65109  
Phone: (573) 659-3026  
Website: <https://www.jcschools.us/domain/4636>

#### **Programs Include:**

- Explore, Enrich, Research (EER) gifted program
- Title I preschool program
- Parents as teachers
- Individual and center-based programs for developmentally delayed and disabled children
- Language, motor skill, social, emotional evaluations, and assessment of children

### **Missouri Parents Act (MPACT)**

1530 South Main Street, Suite 4, Joplin, MO 64804  
Phone: 800-743-7634  
Website: <http://www.missouriparentsact.org/>

#### **Programs Include:**

- Understanding your child's special education rights
- Understanding what a learning disability is
- Parent/school conflict resolution tools regarding special education
- Parent resources and training
  - Positive behavior interventions, 504/IEP assistance, early intervention, special education laws

## **Disability**

### **Missouri Department of Mental Health, Division of Developmental Disabilities**

1706 East Elm Street, Jefferson City, MO 65101  
Phone: (573) 751-4054  
Website: <https://dmh.mo.gov/dev-disabilities>

#### **Informational Topics Include:**

- Information for individuals, families, and guardians
- Information for case management providers
- Information for service providers
- Support for the family of developmentally disabled

### **UCP Heartland Gibbs Center for Independence**

1719 Southridge Drive, Jefferson City, MO 65109  
Phone: (573) 761-7300  
Website: <https://ucpheartland.org/adult-day-jefferson-city/>

#### **Programs Include:**

- Day Treatment
- Respite

Updated: 06/10/2024 (MW)

### **Missouri Assistive Technology (MAT)**

1501 NW Jefferson Street, Blue Springs, MO 64015

Phone: (816) 655-6700

Website: <http://at.mo.gov/>

#### **Programs Include:**

- Provides funding for assistive technology, vehicle access, and home modification
- Device loan library
- Telecommunication access programs
- Deafblind Equipment Distribution
- Kids Assistive Technology
- Money Follows the Person
- Training

### **Missouri Vocational Rehabilitation (VR)**

205 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 751-3251

Website: <https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>

#### **Programs Include:**

- Employment assistance for Missouri's disabled citizens
- Educational assistance
- Employment counseling
- Employment training
- Assistive devices
- Transportation

### **Money Follows the Person**

912 Wildwood Drive, PO Box 570, Jefferson City, MO 65109

Phone: (573) 751-6098

Website: <https://dss.mo.gov/showmehome/>

#### **Programs Include:**

- Personal care
- Targeted case management
- Assistive technology
- Medical equipment supply
- Home modifications
- Transportation
- Respite
- Home health
- Private duty nursing

Updated: 06/10/2024 (MW)

## **Missouri Developmental Disabilities Council**

1706 East Elm, Jefferson City, Mo 65102

Phone: (573) 751-8611

Website: <https://moddcouncil.org/>

### **Informational Topics Include:**

- Individual, family, and community support
- Advocacy and service linkage

## **Independent Living Resource Center (ILRC)**

1760 Southridge Drive, Jefferson City, MO 65109

Phone: (573) 556-0400

Website: <http://ilrcjcmo.org/>

### **Programs Include:**

- Individual and systems advocacy
- Business resources- disability etiquette and training, & information on job accommodations
- Independent living skills and training
  - Budgeting, cooking, reading, employment
- Peer support
- Consumer Directed Services
- Social service case management

## **Day Solutions**

210 El Mercado Plaza, Jefferson City, MO 65109

Phone: (573) 659-0624/ (573) 680-4913

Website: [www.daysolutions.net](http://www.daysolutions.net)

### **Programs Include:**

- Day Habilitation
- Community Integration
- Employment Services
- Job training
- Life Skills
- Preventive health

## **Easter Seals Midwest**

918 Bernadette Drive, Columbia, MO 665203

Phone: (573) 874-3777

Website: <http://www.missouriparentsact.org/>

### **Programs Include:**

- Parent, professional, & community trainings
- Respite
- Specialized social skills

## **First Steps**

205 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 751-5739/866-583-2392

Website: <https://dese.mo.gov/special-education/first-steps>

### **Requirements:**

- Birth – age 3

### **Informational Topics Available:**

- Information for parents and guardians
- Guidance and resources for First Steps Providers
- Systems Point of Entry
- First Steps Training and Resources
- Transitioning from First Steps to Early Childhood Special Education

## **Cole County Residential Services (CCRSI)**

1908 Boggs Creek Road, Jefferson City, MO 65101

Phone: (573) 634-4555

Website: <http://www.ccrsi.org/>

### **Programs Include:**

- Residential group homes
- Community-based services
- Social service case management
- Respite care
- Independent living skills

## **Choices for People Center**

2414 Hyde Park Road, Suite A, Jefferson City, MO 65101

Phone: (573) 635-5414

Website: <http://www.choicesforpeoplecenter.org/index.asp>

### **Programs Include:**

- Adult Day Services
- Community living programs
- Individual-supported living programs
- Employment assistance
- Autism-specific grant opportunities

## **Capitol Projects Inc.**

2001 E McCarty Street Jefferson City, MO 65101

Phone: (573) 634-3660

Website: <https://www.capitolprojectsinc.org/>

### **Program Includes:**

- Non-profit sheltered workshop for adults with intellectual and physical disabilities

## Healthcare

### **Cole County Health Department (CCHD)**

3400 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 636-2181

Website: <http://www.colecounty.org/186/Health-Department>

#### **Programs Include:**

- Woman, Infants, Children (WIC)
- Immunizations
- Women’s Health – PAP smear, pelvic exam, breast exams
- Environmental Public Health
- Health Screening
  - TB testing, BP checks, Lice checks, pregnancy testing, medication assistance
- Adult Brain Injury Program
- Birth Certificate Issuance
- Death Certificate Issuance
- Community training

### **Cole County Emergency Medical Services**

1736 Southridge Drive, Jefferson City, MO 65109

Phone: (573) 634-5678

Website: <http://www.colecounty.org/345/Emergency-Medical-Services-EMS>

#### **Services Include:**

- Emergency/ambulatory transport
- CPR instruction

### **Community Health Center of Central Missouri**

1511 Christy Drive, Jefferson City, MO 65101

Phone: (573) 632-2777

Website: <http://chccmo.org/>

#### **Services Include:**

- Medical treatment – family, women, and pediatric
- Behavioral Health
- Prescription assistance
- Dental and oral health
- Immunizations
- Pain management
- School and work physicals
- Accepts Medicare & Medicaid; sliding scale for those who self-pay.

### **SSM Health, St. Mary's**

2505 Mission Drive, Jefferson City, MO 65109

Phone: (573) 681-3000

Website: <http://www.ssmhealthmidmo.com/locations/st-marys-jefferson-city>

#### **Services Include:**

- Emergency Medical Care
- Urgent Care
- Pediatric, woman, family health care
- Surgical and medical treatment
- Radiological services
- Hospitalization
- Medical/health care social service case management
- Physical, occupational, and speech therapies
- Nutrition programs
- Mental health evaluations and treatment

### **Capital Region Medical Center**

1125 Madison Street, Jefferson City, MO 65101

Phone: (573) 632-5000

Website: <https://www.crmc.org/>

#### **Services Include:**

- Emergency Medical Care
- Urgent Care
- Pediatric, woman, family health care
- Surgical and medical treatment
- Radiological services
- Hospitalization
- Medical/health care social service case management
- Physical, occupational, and speech therapies
- Nutrition programs

### **Jefferson City Medical Group (JCMG)**

1241 West Stadium Boulevard, Jefferson City, MO 65109

Phone: (573) 635-5264

Website: <https://www.jcmg.org/>

#### **Services Include:**

- Urgent care
- Pediatric, women, family health care
- Surgical and medical treatment
- Radiological services
- Physical, occupational, and speech therapies
- Nutrition programs

## Mid-Missouri Self-Management of Blood Pressure Program

Website: <https://cccnmo.diojeffcity.org/programs/health-nutrition-services/mid-mo-smbp-program/>

### Services Include:

- Blood Pressure Self-Monitoring Program (lasts 4 months)
- Weekly check-ins from the program facilitator
- Monthly nutrition education seminars
- Two personalized consultations per month
- Multiple Site Options

### Building Community Bridges

213 East Ashley Street  
Jefferson City, MO 65109  
(573) 616-2845

### Catholic Charities

1015 Edmonds Street  
Jefferson City, MO 65109  
(573) 635-7719

### El Puente Hispanic

2709 Industrial Drive, Suite B  
Jefferson City, MO 65109  
(573) 680-8692

## Dental

### Community Health Center of Central Missouri

1511 Christy Drive, Jefferson City, MO 65101

Phone: (573) 632-2777

Website: <http://chccmo.org/>

### Services Include:

- Emergency dental services
- Preventative dental services
- Dental exams and cleaning
- Restorative dental care

### Missouri Elks Mobile Dental Program

2301 Holmes Street, Kansas City, MO 64108

Phone: (816) 404-6904

Website: <http://lakewoodhospitalkc.org/services/dental>

### Services Include:

- Dental exams and cleaning
- Restorative dental care
- Extractions and root canals

### Samaritan Center Dental Clinic

1310 East McCarty Street, Jefferson City, MO 65101

Phone: (573) 634-7776

Website: <http://www.midmosamaritan.org/>

### Services Include:

- Emergency dental services

## Vision

### Capital Lions, Jefferson City Chapter

P O Box 6613, Jefferson City, MO 65102

Website: <https://jchostlions.org/eyeglass-%26-h-a-recycling>

#### Programs Include:

- Vision screening for children aged 6 years and younger
  - Free vision screening can be scheduled by calling 800-753-2265, ext. 8518

### Missouri Department of Social Services, Rehabilitation Services for the Blind

3418 Knipp Drive, Jefferson City, MO 65109

Phone: 800-592-6004

Website: <http://dss.mo.gov/fsd/rsb/>

#### Informational Topics Include:

- Provides program information for blind and visually impaired persons
- Vocational rehabilitation information
- Independent living services
- Children's services
- Blindness education, screening, and treatment

## Hearing

### Missouri School for the Deaf

505 East 5<sup>th</sup> Street, Fulton, MO 65251

Phone: (573) 592-4000

Website: <https://msd.dese.mo.gov/>

#### Programs Include:

- Audiology/Hearing screening and testing
- Comprehensive Hearing Evaluations
- Hearing Aid selection/programming/cleaning/repair
- Deaf education consulting
- Community education
- Family's first interventions
- Shared reading
- American Sign Language

## **Deaf Lead**

2505 West Ash Street, Columbia, MO 65203

Phone: (573) 445-5005

Website: <https://deaflead.org/>

### **Programs Include:**

- Crisis intervention for hearing impaired
- Interpreting
- Teen institute
- American sign language

## **Prescription Medication Assistance**

### **Missouri Department of Social Services, Missouri RX Plan**

615 Howerton Court, Jefferson City, MO 65102

Phone: (573) 751-6963

Website: <https://mydss.mo.gov/mhd/morx-general-faqs>

### **Informational Topics Include:**

- Prescription assistance

### **Community Health Center of Central Missouri**

1511 Christy Drive, Jefferson City, MO 65101

Phone: (573) 632-2777

Website: <https://www.chccmo.org/department/prescription-assistance/#:~:text=The%20Community%20Health%20Center%20of,be%20provided%20at%20no%20cost.>

### **Information Topics Include:**

- Prescription assistance

### **Rx Outreach**

3171 Riverport Tech Center Drive, Maryland Heights, MO 63043

Phone: 314-222-0472

Website: <http://rxoutreach.org/>

### **Programs Include:**

- Free/discount prescription drug program

### **Good Rx**

Phone: 855-268-2822

Website: <https://support.goodrx.com/hc/en-us>

### **Programs Include:**

- Free/discount prescription drug program

## Mental and Behavioral Health – Inpatient

### CenterPointe Psychiatric Hospital

1201 International Drive, Columbia, MO 65202

Phone: (573) 615-7188

Website: <https://www.centerpointehospitalcolumbia.com/>

#### Youth Services Include:

- Acute inpatient psychiatric hospitalization for youth aged 5-17
- Intensive outpatient program for youth aged 11-17
- Medication evaluation and management
- Outpatient psychiatric care
- Social Service case management

#### Adult Services Include:

- Acute inpatient psychiatric hospitalization
- On-site medical detox
- Outpatient psychiatric care
- Medication evaluation and management
- Social service case management

### Missouri Psychiatric Center (MUPC)

3 Hospital Drive, Columbia, MO 65212

Phone: (573) 884-1300

Website: <http://www.muhealth.org/locations/missouri-psychiatric-center/>

#### Youth Services Include:

- Crisis stabilization
- Acute inpatient psychiatric hospitalization for youth aged 5-17
- Intensive outpatient program for youth aged 11-17
- Outpatient psychiatric care
- Medication evaluation and management
- Social Service case management

#### Adult Services Include:

- Acute inpatient psychiatric hospitalization
- On-site medical detox
- Outpatient psychiatric care
- Medication evaluation and management
- Social service case management

Updated: 06/10/2024 (MW)

### **Royal Oaks Hospital**

307 North Main Street, Windsor, MO 65360

Phone: 800-456-2634

Website: <http://compasshealthnetwork.org/about-us/royal-oaks-hospital/>

#### **Requirements:**

- Medically stable
- Must be an acute/immediate need for treatment

#### **Youth Services Include:**

- Crisis stabilization
- Acute inpatient psychiatric hospitalization for youth aged 3-17
- Intensive outpatient program for youth aged 11-17
- Medication evaluation and management
- Outpatient psychiatric care
- Social Service case management
- Community service coordination

#### **Adult Services Include:**

- Acute inpatient psychiatric hospitalization
- On-site medical detox
- Outpatient psychiatric care
- Medication evaluation and management
- Social service case management
- Community service coordination

### **SSM Health, St. Mary's**

2505 Mission Drive, Jefferson City, MO 65109

Phone: (573) 681-3000/800-426-2083

Website: <http://www.ssmhealth.com/behavioralhealth>

#### **Requirements:**

- Must be aged 18 and older
- Admitted through the Emergency Room

#### **Services Include:**

- Acute inpatient psychiatric hospitalization for evaluation and stabilization
- Outpatient psychiatric evaluation, assessment, and care of individuals aged 18- 55
- Medication management
- Outpatient psychiatric services
- Social service case management
- Community service coordination

## Mental and Behavioral Health – Outpatient

### Missouri Department of Mental Health

1706 East Elm Street, Jefferson City, MO 65101

Phone: (573) 751-4122

Website: <https://dmh.mo.gov/>

#### Informational Topics Include:

- Crisis intervention services
- Community-based service information
- Day treatment
- Residential care
- Community placement
- Treatment homes
- Community psychiatric rehabilitation
- Autism services
- Targeted case management
- Community outreach
- Community employment for the developmentally disabled
- Housing wavers

### National Alliance on Mental Illness (NAMI)

3405 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 634-7727

Website: <https://namimissouri.org/>

#### Informational Topics Include:

- Community support and education
- Advocacy for individuals with mental health diagnoses and their family's
- NAMI WARMLine; an educational and supportive hotline for individuals with mental illness
  - 800-374-2138 (M-F, 9a – 5p/Sat & Sun 3 – 9p)
- Recovery education and programs
- Criminal justice resources and information

#### Programs Include:

- Peer to peer recovery education
- NAMI-CARE (Consumers Advocating Recovery through Empowerment)
- Hearts and minds (learning about healthy and affordable lifestyle changes that reduce cardiac risks)
- Provider education courses
- NAMI support group, meets monthly
- NAMI Basics – an educational program for parents and caregivers of children & adolescents living with mental illness
- In Our Own Voice (IOOV) – a public education program designed to help those who have struggled with mental illness gain confidence and share their experiences

## **Compass Health Network**

227 Metro Drive  
Boulevard

Jefferson City, MO 65109  
(573) 634-3000

1905 Stadium Boulevard

Jefferson City, MO 65109  
(573) 634-3000

3400 West Truman

Jefferson City, MO 65109  
(573) 634-3000

Website: <http://compasshealthnetwork.org/location/jefferson-city/>

### **Programs Include:**

- Crisis Services and interventions
- Outpatient behavioral health- counseling, psychological evaluations, psychiatric appointments
- Integrated Health Services (IHS) case management
- Medication education and administration
- Psychiatric transitional services
- Substance abuse and treatment/Relapse prevention
- Co-occurring Counseling (substance abuse and mental health)
- Troubled sexual youth
- Dialectal Behavior Therapy (DBT)
- Trauma-informed care

## **Thompson Center for Autism and Neurodevelopmental Disorders**

205 Portland Street, Columbia, MO 65211

Phone: (573) 884-6052

Website: <https://thompsoncenter.missouri.edu/>

### **Programs Include:**

- ADHD evaluations for individuals aged 5 to 21
- Cognitive Learning Evaluations for individuals aged 5 & up
- Autism evaluation and diagnostic services
- Autism Medical Clinic
- Autism Neuropsychology Clinic
- Training
- Concussion Neuropsychology Clinic
- Developmental Pediatric Services

## **New Horizons**

2013 Williams Street, Jefferson City, MO 65109

Phone: (573) 636-8108

Website: <https://www.mo-newhorizons.com/>

### **Programs Include:**

- Adult psychiatric services
- Medication management
- Transitional homeless services
- Residential services at the Melody House and Harambee House

Updated: 06/10/2024 (MW)

## **Missouri Mental Health Foundation**

221 Metro Drive, Suite C, Jefferson City, MO 65109

Phone: (573) 635-9201

Website: [http://www.missourimhf.org/?page\\_id=50](http://www.missourimhf.org/?page_id=50)

### **Informational Topics Include:**

- Broad based public education and awareness of mental health
- Provides mental health resource materials and assistance to the public

## **Veteran's Affairs (VA) Counseling Services**

3430 West Edgewood Drive, Jefferson City, MO 65109

Phone: (573) 635-0233

Website: <https://dmh.mo.gov/veterans>

### **Programs Include:**

- Individual counseling
- Family counseling
- Marriage counseling
- Post-Traumatic Stress Disorder (PTSD) Counseling
- Vietnam Survivors Group
- Multi-Systematic Therapy (MST) counseling

## **Substance Use**

## **Missouri Department of Mental Health, Alcohol & Drug Abuse**

1706 East Elm Street, Jefferson City, MO 65101

Phone: (573) 751-4942

Website: <https://dmh.mo.gov/behavioral-health/treatment-services/locating-services-treatment>

### **Informational Topics Include:**

- Provides information on treatment, prevention, and recovery services for chemical dependency, substance abuse, and gambling
- Assures substance abuse prevention, treatment, and recovery services are available to the public
- Prevention initiatives
- Crisis intervention services
- Information on juvenile programs designed for individuals aged 12 – 17 years of age
- Information on women only programs
- Opioid dependence information
- Information on civil involuntary detention (involuntary treatment)
- SATOP program information
- Compulsive gambling treatment service information
- Alcohol, drug, tobacco fact sheets

### **Compass Health Network**

227 Metro Drive  
Boulevard

Jefferson City, MO 65109  
(573) 634-3000

1905 Stadium Boulevard

Jefferson City, MO 65109  
(573) 634-3000

3400 West Truman

Jefferson City, MO 65109  
(573) 634-3000

Website: <http://compasshealthnetwork.org/location/jefferson-city/>

#### **Programs Include:**

- Inpatient treatment
- Community-based treatment
- Integrated health services
- Therapies include individual, family, group, and co-occurring
- Opioid treatment
- Transportation
- Substance Awareness Traffic Offender Program (SATOP)
- Community agency referrals
- Social service case management

### **McCambridge Center**

201 North Garth Avenue, Columbia, MO 65203

Phone: (573) 449-3953

Website: <http://compasshealthnetwork.org/location/columbia-3/>

#### **Requirements:**

- Females only
- Must be 18 or older

#### **Programs Include:**

- Inpatient treatment for substance abuse disorders and chemical dependency
- Children aged 12 and under are permitted to stay with their mother
- Treatment is typically 30 to 45 days in duration
- Outpatient treatment for substance abuse disorders and chemical dependency
- Therapies include individual, family, group, trauma, and co-occurring
- Relapse prevention

### **Center for Women's Ministries**

1001 Southwest Boulevard, Suite E, Jefferson City, MO 65109

Phone: (573) 327-0643

Website: <https://www.cwmhope.org/>

#### **Programs Include:**

- Counseling
- Trauma recovery support
- Support groups
- Educational programming

## Preferred Family Healthcare

Adult Treatment Site  
101 Adams Street  
Jefferson City, MO 65101  
Phone: (573) 556-6589  
Website: <http://www.pfh.org/>

Adolescent Treatment Site  
210 Hoover Road  
Jefferson City, MO 65101  
(573) 632-4321

### Programs Include:

- Inpatient treatment
- Community-based treatment
- Integrated health services
- Therapies include individual, family, group, and co-occurring
- Financial assistance
- Transportation
- Substance Awareness Traffic Offender Program (SATOP)
- Community agency referrals
- Social service case management

## Landmark Recovery Center

204 Metro Drive, Jefferson City, MO 65109  
Phone: (573) 635-3065  
Website: <https://landmarkrecoveryjcmo.com/>

### Programs Include:

- Recovery community center
  - open Monday – Friday, 8 am – 4 pm
- Peer support groups
- Family support groups
- Community engagement, advocacy, support
- Transportation
- Employment assistance
- Social service case management
- Drug testing
- Financial assistance
  - Treatment, sober living, transportation, drug testing

## Phoenix Clinic

90 East Leslie Lane, Columbia, MO 65202  
Phone: (573) 875-8880  
Website: <https://www.burrellcenter.com/locations/phoenix-clinic>

### Programs Include:

- Short term residential treatment for substance use & co-occurring disorders
- Medication Assisted Treatment (MAT) options

## Sober Living Programs

### Missouri Coalition of Recovery Support Providers

1305 Southwest Boulevard, Suite D, Jefferson City, MO 65109

Phone: (573) 761-1087

Website: <https://mcrsp.org/>

#### Informational Topics Include:

- What recovery houses are
- Search feature for accredited recovery residences
- Recovery residence grievance process
- Recovery residence accreditation process

### Healing House and New Beginnings, Inc.

PO Boc 1682, Jefferson City, MO 65102

Phone: (573) 645-2501

Website: <https://thehealinghouseandnewbeginnings.org/>

#### Requirements

- Female only
- Must be 18 or older

#### Programs Include:

- Faith-based residential recovery program
- Peer support

### In2Action

1403 Lakewood Drive, Suite C, Columbia, MO 65202

Phone: (573) 818-4432

Website: <http://www.in2action.org/>

#### Requirements

- Male only
- Must be 18 or older

#### Programs Include:

- Re-entry services and supports
- Relapse prevention
- Peer support
- Emotional Health
- Faith based support

## **ICTS House**

204 Metro Drive, Jefferson City, MO 65109

Phone: (573) 635-3065

Website: <https://landmarkrecoveryicmo.com/>

### **Requirements:**

- Male only
- Must be 18 or older
- Currently on probation or parole
- Agency referral

### **Program Includes:**

- Faith based residential recovery program

## **Fresh Start Property Management**

807 North William Street, Columbia, MO

Phone: (573) 489-4640

Website:

<https://freshstartsoberlivingprograms.godaddysites.com/?fbclid=IwAR37GkuPI63oSXUvTq7J9VUMFLxVpHbjKOWddD7m4prHKLgt92jacOIIQEU>

### **Programs Include:**

- Transitional housing
- Peer support
- Case management

## **Testing for Substances and Paternity**

### **RN Mobile Drug Testing**

2705 Industrial Drive, Suite A, Jefferson City, MO 65109

Phone: (573) 635-6670

Website: <https://rnmobiledrugtesting.com/>

### **Services Include:**

- Legal DNA paternity testing
- Fingerprinting
- Rapid testing
  - 5 Panel, 9 Panel, 10 Panel, Alcohol Panel, DOT Testing, Breath Alcohol Testing, Hair Testing

### **Landmark Recovery Center**

204 Metro Drive, Jefferson City, MO 65109

Phone: (573) 635-3065

Website: <https://landmarkrecoveryicmo.com/>

### **Service Includes:**

- Drug testing

Updated: 06/10/2024 (MW)

### **Mid America Labs**

2712 Plaza Drive, Suite B, Jefferson City, MO 65109

Phone: (573) 893-4118

Website: <https://wholehealthjc.com/mid-america-labs/>

#### **Services Include:**

- Drug testing
- Independent Medical Examinations
- DNA paternity testing
- Background

### **AAQ Drug Screening**

3702 West Truman Boulevard, Suite 212, Jefferson City, MO 65109

Phone: (573) 635-6111

Website: <https://www.aaqdrugscreening.com/>

#### **Services Include:**

- Standard panel testing
  - 5 Panel, 9 Panel, 10 Panel,
- Observed collections
- Drug patch monitoring
- Background checks

### **Health Street**

3702 West Truman Boulevard, Jefferson City, MO 65109

999 Diamond Ridge, Jefferson City, MO 65109

Phone: (573) 260-1220

Website: <https://www.health-street.net/>

#### **Services Include:**

- Drug testing
  - DOT, non-dot, hair testing, court ordered complainant testing
- Legal paternity testing
- Background checks

## **Domestic Violence**

### **Missouri Department of Social Services – Domestic Violence Shelters & Services**

Website: <https://dss.mo.gov/fsd/domestic-violence-shelters~services.htm>

#### **Informational Topics Include:**

- Get help no
- Links to Domestic Violence Supports
- Safe at Home
- Help for Crime Victims

Updated: 06/10/2024 (MW)

## **Missouri Coalition Against Domestic and Sexual Violence**

217 Oscar Drive, Suite A, Jefferson City, MO 65101

Phone: (573) 634-4161

Website: <https://www.mocadsv.org/>

### **Informational Topics Include:**

- How to get help
- Community education
- Training
- Service provider contact information

## **Rape Abuse Crisis Services (RACS)**

P O Box 413, Jefferson City, MO 65102

Phone: (573) 634-8346      **HOTLINE: 800-303-0013**

Website: <http://www.racsjc.org/>

### **Requirements**

- Female only
- Must be 18 or older

### **Programs Include:**

- Emergency shelter for women and children
- Domestic violence support group
- Individual and group counseling
- Victims advocacy
- Case management

## **Pregnancy**

## **Cole County Health Department – Women, Infants, & Children**

3400 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 636-2181, option 1

Website: <https://www.colecounty.org/200/Women-Infants-Children-WIC>

### **Requirements:**

- Pregnant, peri/postpartum Missouri resident
- Have a child under the age of 5
- Meet federally established income eligibility

### **Programs Include:**

- Pregnancy testing
- Personalized nutrition counseling
- Breastfeeding education & supplies
- Health screening
- Healthy food package
- Infant formula

Updated: 06/10/2024 (MW)

## **Missouri Department of Health & Senior Services – Pregnancy & Beyond**

P O Box 570, Jefferson City, MO 65102

Phone: (573) 751-6266

Website: <https://health.mo.gov/living/families/babies/pregnancyandbeyond/index.php>

### **Informational Topics Include:**

- Newborn health information
- Resources
- Newsletters
- Your baby and vitamin K

## **Missouri Department of Health & Senior Services – Pregnancy Assistance**

P O Box 570, Jefferson City, MO 65102

Phone: (573) 522-2841

Website: <https://health.mo.gov/living/families/womenshealth/pregnancyassistance/>

### **Informational Topics Include:**

- Alternatives to Abortion Program
- Pregnancy Assistance Information Providers
- Fetal Ultrasound Providers

## **Healthy Moms Healthy Babies**

Website: <https://healthymomsbabies.mo.gov/>

### **Informational Topics Include:**

- Multi-agency platform supported my multiple state agencies on:
  - Before, during, and after pregnancy care, healthcare, health insurance, finding supports, and healthy lifestyles

## **Pregnancy Help Center**

1433 Southwest Boulevard, Jefferson City, MO 65109

Phone: (573) 644-6635

Website: <http://www.phcjeffersoncity.com/>

### **Programs Include:**

- Pregnancy testing
- Ultrasounds
- Sexual Health education (HIV/STD/STI)
- Sexual health testing and treatment
- Abortion information
- Counseling
- Diapers
- Infant supplies

### **Birthright of Mid Missouri**

1006 East High Street, Suite 2, Jefferson City, MO 65101

Phone: (573) 635-8822

Website: <https://birthright.org/jeffersoncity>

#### **Programs Include:**

- Pregnancy testing
- Maternity and Baby Items
- Community agency referrals
- Counseling
- Educational Information
  - Pregnancy, childbirth, adoption, Medicaid, parenting

### **Saint Raymond's Society**

308 East High Street, Suite 207, Jefferson City, MO 65101

Phone: (573) 777-1498

Website: <https://www.srshelp.org/>

#### **Programs Include:**

- Housing for pregnant and peri/post partum mothers and their children
- Educational information
  - Pregnancy, child rearing, healthy relationship, employment, nutrition

### **First Chance for Children**

1010 Fay Street, Columbia, MO 65201

Phone: (573) 777-1815

Website: <http://www.firstchanceforchildren.org/>

#### **Programs Include:**

- Safe CRIBS
- Free baby bags & infant supplies
- Lend and learn toy libraries
- Baby bags diaper bank
- Home visiting program
- Child development
- Family health and safety
- Reading program

### **Planned Parenthood Health Center**

711 North Providence Road, Columbia, MO 65203

Phone: (573) 443-0427

Website: <https://www.plannedparenthood.org/health-center/missouri/columbia/65203/columbia-health-center-2760-90740>

#### **Programs Include:**

- Birth control
- Emergency contraception
- Sexual health testing and treatment (HIV/STD/STI)
- Pregnancy testing and support
- Abortion referrals
- Women's health
- Vaccines

### **My Life Clinic**

802 North Providence Road, Suite 2, Columbia, MO 65203

Phone: (573) 874-3561

Website: <http://www.mylifeclinic.org/>

#### **Programs Include:**

- Pregnancy testing and support
- Ultrasounds
- Abortion pill reversal
- Post abortion recovery

### **Faith Maternity Cares**

1900 Lake Drive, Fulton, MO 65251

Phone: (573) 642-7414

Website: <https://faithmaternity.com/>

#### **Programs Include:**

- Residential housing for pregnant women
- Parenting classes
- Case management
- Educational information

## Infancy

### Missouri Department of Health and Senior Services - Newborn Screening

PO Box 570, Jefferson City, MO 65102

Phone: (573) 751-6266

Website: <http://health.mo.gov/living/families/genetics/newbornscreening/>

#### Informational Topics Include:

- Newborn Blood Spot Screening
- Newborn Hearing Screening
- Critical Congenital Heart Disease Screening
- Navigate Newborn Screening

### SAFE Cribs for Missouri Program

3400 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 636-2181

Website: <https://www.colecounty.org/846/Safe-Cribs-for-Missouri-Program>

#### Requirements

- Missouri Resident
- Currently receiving a federally recognized social resource program

#### Programs Include:

- Cribs
- Safe sleeping education

### Capital City Diaper Bank

PO Box 1921, Jefferson City, MO 65102

Email: [info@capitalcitydiaperbank.org](mailto:info@capitalcitydiaperbank.org)

Website: <https://capitalcitydiaperbank.org/>

#### Program Include:

- Disposable diaper distribution

### Share the Love: Cloth Diaper Program

Phone: (573) 642-7414

Website: <https://www.cottonbabieslove.com/need-diapers/>

#### Requirements

- U.S. Resident
- Currently receiving a federally recognized social resource program
  - TANIF, WIC, LIHEAP, etc.

#### Program Includes:

- National cloth diaper bank providing cloth diapers to low income families

## Parenting and Family

### Jefferson City Fire Department

305 East Miller Street, Jefferson City, MO 65101

Phone: (573) 634-6401

Website: <https://www.jeffersoncitymo.gov/government/fire.php>

#### Programs Include:

- Emergency medical services
- Car seat installations
- Car seat checks
- Fire suppression/rescue

### Pregnancy Help Center

1433 Southwest Boulevard, Jefferson City, MO 65109

Phone: (573) 644-6635

Website: <http://www.phcjeffersoncity.com/>

#### Programs Include:

- Parenting classes for children under the age of 5
- Educational support

### Rainbow House

1611 Towne Drive, Columbia, MO 65202

Phone: (573) 474-6600

Website: <https://rainbowhousecolumbia.org/>

#### Programs Include:

- Emergency shelter for youth aged 17 and younger
- Parenting classes
- Clinical services

### Michael Prenger Family Center

400 Stadium Boulevard, Jefferson City, MO 65101

Phone: (573) 636-5177

Website: <http://www.colecounty.org/328/Juvenile-Division-Prenger-Center>

#### Programs Include:

- Emergency care shelter
- Supervised visitation program
- Detention

Updated: 06/10/2024 (MW)

### **Families for Families**

Email: [mofam4fam@gmail.com](mailto:mofam4fam@gmail.com)

Phone: (573) 619-1322

Website: <https://www.mofamilies4families.com/>

#### **Program Includes:**

- Community based program designed to empower and educate parents and caretakers

### **Landmark Recovery Center**

204 Metro Drive, Jefferson City, MO 65109

Phone: (573) 635-3065

Website: <https://landmarkrecoveryjcmo.com/>

#### **Programs Include:**

- Parenting classes
- Anger management
- Sobriety and Recovery
- Supporting family member's in recovery

### **Big Brothers Big Sisters**

424 Stadium Boulevard, Jefferson City, MO 65101

Phone: (573) 634-3290

Website: <https://www.mvbbbs.org/>

#### **Program Includes:**

- Mentoring for youth aged 17 and younger

## **Child Welfare**

### **Missouri Department of Social Services, Children's Division**

3600 County Club Drive, Suite, 2004, Jefferson City, MO 65109

Phone: (573) 751-6391      **HOTLINE: 800-392-3738**

Website: <https://dss.mo.gov/cd/>

#### **Programs Include:**

- Investigating and assessing reports of child maltreatment
- Ensuring child and family safety
- Family Centered Service (FCS) case management
- Alternative Care (AC) case management
- Adoption subsidy
- Multi-disciplinary team meetings
- Social service case management

## **Rainbow House**

1611 Towne Drive, Columbia, MO 65202

Phone: (573) 474-6600

Website: <https://rainbowhousecolumbia.org/>

### **Programs Include:**

- Children’s Advocacy Center (CAC)
- Forensic interviews
- Emergency shelter for children aged birth to 18
- Transitional living program for homeless youth
- Community outreach

## **Central Missouri Foster Care & Adoption Association (CMFCAA)**

1704 Christy Court, Jefferson City, MO 65101

Phone: (573) 298-0258

Website: <https://mofosteradopt.com/>

### **Requirements:**

- Kinship or foster provider in Central-Missouri

### **Programs Include:**

- 30 Days to Family
- Extreme Family Finding
- Begin Again Backpacks
- Family Development Training
- Respite Care
- Community Connections Youth Project for youth aged 17-26 that have aged out of foster care

## **ParentLink – Kinship Navigator Program**

2800 Maguire Boulevard, Columbia, MO 65211

Phone: 800-552-8522

Website: <https://cehd.missouri.edu/parentlink/>

### **Requirements:**

- Kinship or foster provider in Central-Missouri

### **Programs Include:**

- Resources for Kinship Caregivers
- Individual and Family Support
- Education
- ParentLink Kinship Provider Guide
- Support Groups
- Tel-Link – Missouri’s Maternal & Child Health Line
- Warmline – for all caregivers to speak with a Family Support Specialist
- Kin-4-Kid Lines – for kinship caregivers to speak with a Family Support Specialist

## Shelter

### HALO

3519 Bennett Lane, Jefferson City, MO 65101

Phone: (573) 418-9912

Website: <https://haloworldwide.org/jefferson-city-mo/>

#### Requirements:

- Female aged 16-21 years age
- Full time student or employment

#### Programs Include:

- Shelter for program compliant females for up to 2 years
- Educational & employment assistance
- Social service case management
- Professional development skills
- Life skills programs

### Rape & Abuse Crisis Services (RACS) Shelter

Jefferson City, MO

Office Phone: (573) 634-8346

HOTLINE: 1-800-303-0013

Website: <https://racsjc.org/>

#### Services Offered:

- Emergency shelter for women and children who have endured and fled violating interpersonal situations/experiences

### Salvation Army Center of Hope

927 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 635-1975, opt. 2

Website: <https://centralusa.salvationarmy.org/midland/jeffersoncity/>

#### Requirements:

- Must have a valid photo ID
- No history of violent crimes

#### Services Include:

- 40 bed shelter for men, women, and families

### Saint Raymond's Society

308 East High Street, Suite 207, Jefferson City, MO 65101

Phone: (573) 777-1498

Website: <https://www.srshelp.org/>

#### Programs Include:

- Housing for pregnant and peri/post partum mothers and their children

## **Transformational Housing**

P.O. Box 104784, Jefferson City, MO 65101

Email: [info@transformationalhousing.org](mailto:info@transformationalhousing.org)

Website: <https://transformationalhousing.org/>

### **Requirements:**

- One member of the household must be 18 years of age or older
- At least one adult family member is gainfully employed & can provide income verification
- Meets income requirements of no more than 200% of the current poverty rate
- Complete 4 orientation classes prior to acceptance

### **Programs Include:**

- Transitional housing for low-income families and individuals
- Development and maintenance of housing for low-income families and individuals
- Monthly community meals
- Regular house meetings for all residents
- Mentoring program

## **River City Habitat for Humanity**

140 Creek Trail Drive, Jefferson City, MO 65109

Phone: (573) 635-8439

Website: <https://www.rivercityhabitat.org/>

### **Programs Include:**

- Construction of low-cost housing
- These houses are sold to low income families, for no profit, and financed at low/no interest

## **Our House**

831 Jefferson Street, Fulton, MO 65251

Phone: (573) 642-6065

Website: <https://www.ourhousecallaway.org/wiley-house.html>

### **Programs Include:**

- Wiley House – Overnight shelter for single adult men and women
- Our House – Shelter for families with children

## **Transportation:**

### **Checker Cab**

1000 St. Mary's Blvd., Jefferson City, MO 65109

Phone: (573) 636-7101

Website: <http://checkerjc.com/>

### **Service Information:**

- Fair based public transportation

Updated: 06/10/2024 (MW)

## **City of Jefferson Transit (JEFFTRAN)**

820 East Miller Street, Jefferson City, MO 65101

Phone: (573) 634-6477

Website: <http://www.jeffersoncitymo.gov/government/transit/>

### **Service Information:**

- Public transportation throughout the City of Jefferson via a fixed route bus system
- Operation information:
  - Monday – Friday, 640a – 600p
  - Buses do not operate on weekends or State and Federal Holidays
- Fare rates
  - Regular- \$1.50 per ride (each way),
  - 20 ride regular pass- \$30.00
  - Children aged 6 and under are free & must be accompanied by an adult

## **OATS Public Transportation**

2501 Maguire Boulevard, Suite 101, Columbia, MO 65201

Phone: (573) 449-3789 / 800-26-6287

Website: <http://www.oatstransit.org/jefferson-city>

### **Service Information:**

- Public ride-share transportation
- Fare rates
  - Round trip throughout Jefferson City: \$5.00
  - Round trip throughout Cole County: \$7.00
  - Round trip to counties adjacent to Cole: \$9.00

## **Handi-Wheels**

820 East Miller Street, Jefferson City, MO 65101

Phone: (573) 634-6477

Website: <http://www.jeffersoncitymo.gov/government/transit/>

### **Service Information:**

- Provides transportation services to qualified ADA clients throughout the City of Jefferson
- All busses are wheel chair equipped
- 10 ride pass is \$30

## **Amtrak**

101 Jefferson Street, Jefferson City, MO 65101

Phone: 800-872-7245

Website: <https://www.amtrak.com>

### **Service Information:**

- Rail transportation throughout Missouri and the continental United States
- Route options offered daily

Updated: 06/10/2024 (MW)

## **Greyhound**

701 Eastland Drive, Jefferson City, MO 65101

Website: <https://www.greyhound.com/>

### **Service Information:**

- Bus transportation throughout Missouri and the continental United States
- Route options offered daily

## **Non- Emergency Medical Transportation (NEMT)**

Phone: 866-269-5927

Website: <https://www.mtm-inc.net/missouri/>

### **Requirements:**

- MUST be covered by Mo HealthNet/MoHealthNet Managed Care program
- Trips must be scheduled 5 days in advance

### **Service Information:**

- Transportation to/from non-emergency medical appointments
- \$2 per Medical trip

## **Employment Assistance**

### **Capital City Job Center**

3600 Country Club Drive, Suite 2004, Room 100, Jefferson City, MO 65109

Phone: (573) 526-8115

Website: <https://jobs.mo.gov/job-centers/jefferson-citycapital-city-job-center>

### **Programs Include:**

- Employment assistance for individuals aged 16 and older
  - HiSet studies/testing, job searching, resume building, job application assistance
- On the Job Training (OJT)
- Apprenticeships
- Employment workshops
- Job fairs
- Provides employer services

### **Missouri Career Center – Veteran’s Services**

3024 Dupont Circle, Jefferson City, MO 65102

(573) 751-1250

Website: <https://dese.mo.gov/adult-learning-rehabilitation-services/veterans-education/job-training-apprenticeship>

### **Services Include:**

- Monthly educational benefits for veterans & their eligible dependents
- On the Job Training (OJT)
- Apprenticeships

## Employment Assistance – Disability

### Pre-Employment Transition Services

Email: [pre-ets@umsystem.edu](mailto:pre-ets@umsystem.edu)

Phone: 844-901-7387

Website: <https://cehd.missouri.edu/outreach/pre-employment-transition-services/>

#### Programs Include:

- Pre-employment transition services to disabled high school students aged 16-21

### Missouri Department of Elementary and Secondary Education, Vocational Rehabilitation

1500 Southridge Drive, Suite A, Jefferson City, MO 65109

Phone: (573) 751-2343

Website: <https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>

#### Requirement:

Applicant has a disability

#### Services Include:

- Job placement
- Vocational training
- Rehabilitative technology

### 1<sup>st</sup> Choice Employment

514 East High Street, Jefferson City, MO 65101

Phone: (573) 635-9885

Website: <https://www.1stchoiceemployment.org/>

#### Requirement:

Applicant has a disability

#### Services Include:

- Provides employment services to individuals with vocational barriers
- Job training & development
- Job search

## Nutritional Services

### University of Missouri – Cole County Extension

2436 Tanner Bridge Road, Jefferson City, MO 65101

Phone: (573) 634-2824

Website: <http://extension.missouri.edu/main/DisplayCategory.aspx?C=5>

#### Programs Include:

- Family Nutrition Education Programs
- Food preservation

Updated: 06/10/2024 (MW)

## **Academy of Nutrition and Dietetics**

120 South Riverside Plaza, Suite 2190, Chicago, IL 60606

Phone: (312) 899-0040, ext 1746

Website: <http://www.eatright.org/>

### **Informational Topics Include:**

- Health and wellness information for individuals, families, and children
- Healthy aging
- Fitness management
- Kids nutrition

## **Building Community Bridges**

213 East Ashley Street, Jefferson City, MO 65101

Phone: (573) 616-2845

Website: <https://www.buildingcommunitybridgesjcmo1.org/>

### **Program Includes:**

- Nutrition Health & Wellness Class
  - Classes are held on Mondays and Wednesdays, 12p-1p

## **HyVee**

3721 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 893-2505

Website: <https://www.hy-vee.com/stores/dietitian/default.aspx?s=75>

### **Programs Include:**

- Health and wellness counseling
- Nutritional counseling
- Specialized diet planning
- Kids cooking classes
- Community and business dietary presentations

## **Health, Wellness, & Nutrition Center (The Center)**

3234 West Truman Boulevard, Jefferson City, MO 65109

Phone: (573) 893-9999

Website: <http://www.drhwnc.com/>

### **Programs Include:**

- Nutritional counseling
- Cooking seminars
- Cholesterol, blood glucose, HDL, A1C, triglyceride testing
- Influenza A & B, Strep, & Mono testing

## Food Pantry

### Samaritan Center

1310 East McCarty Street, Jefferson City, MO 65101

Phone: (573) 634-7776

Website: <http://www.midmosamaritan.org/>

#### Requirement:

- Photo ID

#### Program Information:

- Food pantry is limited to once a month per household
- Pantry hours of operation:
  - Monday – Thursday, 10a – 12p
  - Thursdays 4p – 5:30p

### Catholic Charities

1015 Edmonds Street, Jefferson City, MO 65101

Phone: (573) 635-7719

Website: <https://www.facebook.com/ccnmo/>

#### Program Information:

- Food pantry is limited to once a month per household
- Pantry hours of operation:
  - Monday & Wednesday 4p-7p
  - Friday & Saturday 10a-1p

### Building Community Bridges

213 East Ashley Street, Jefferson City, MO 65101

Phone: (573) 616-2845

Website: <https://www.buildingcommunitybridgesjcmo1.org/>

- Pantry hours of operation:
  - Monday 430p-6p
  - Thursday 10a-1p

### The Pantry

409 Ellis Boulevard, Jefferson City, MO 65109

Phone: (573) 636-5157

Website: <http://www.firstchristianjcmo.org/food-pantry.html>

- Pantry hours of operation:
  - Tuesday 12p-4p

## **Clarke Senior Center**

1310 Linden Drive, Jefferson City, MO 65109

Phone: (573) 634-8020

Website: <https://www.agingbest.org/nutrition-activity-centers/cole>

### **Requirements:**

- Seniors only

### **Program Information:**

- Food pantry is limited to once a month per household
- Meal availability:
  - Monday – Friday 11a-12:30p
- Meals are available inside the dining room or through curbside pickup

## **Salvation Army**

927 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 635-1975

Website: [http://www.usc.salvationarmy.org/usc/www\\_usc\\_columbia.nsf](http://www.usc.salvationarmy.org/usc/www_usc_columbia.nsf)

- Pantry hours of operation:
  - Tuesday 430p-630p
  - Friday 1210-230p
- Meal availability:
  - Lunch available every day of the week 12:30p-1p
  - Dinner available every day of the week 5:30p-6p

## **First United Methodist Church**

201 Monroe Street, Jefferson City, MO 65101

Phone: (573) 635-6886

Website: <http://www.jcfumc.org/http://www.firstchristianjcmo.org/food-pantry.html>

- Food pantry hours of operation:
  - Tuesday & Friday 9a-12p
  - Thursday 10a-12p
- Hygiene pantry hours of operation:
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of each month; 129-3p

## **First Presbyterian Church**

314 Madison Street, Jefferson City, MO 65101

Phone: (573) 636-2149

Website: <https://fpcjcmo.org/first-presbyterian-food-pantry/>

- Food pantry hours of operation:
  - Tuesday 1p-3p

## **The Food Bank for Central & Northeast Missouri**

2101 Vandiver Drive, Columbia, 65202

Phone: (573) 474-1020

Website: <https://sharefoodbringhope.org/>

### **Program Information:**

- Mobile Food pantry calendar: <https://sharefoodbringhope.org/events>
- Mobile food pantry distribution sites:

Capital West Christian Church  
1315 Fairgrounds Road  
Jefferson City, MO 65101

Firley YMCA  
525 Ellis Boulevard  
Jefferson City, MO 65101

Russellville High School  
13007 Route C  
Russellville, MO 65074

Catholic Charities  
1015 Edmonds Boulevard  
Jefferson City, MO 65101

Boys & Girls Club  
1105 Lafayette Street  
Jefferson City, MO 65101

St. Martins  
7148 St. Martins Road  
St. Martins, MO 65109

## **Clothing**

### **Samaritan Center**

1310 East McCarty Street, Jefferson City, MO 65101

Phone: (573) 634-7776

Website: <http://www.midmosamaritan.org/>

### **Programs Include:**

- Clothing closet
  - Men, women, children, infant
- Hours of operation:
  - Monday – Thursday, 10a – 12p
  - Thursdays 4p – 5:30p

### **Dreams to Reality**

500 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 681-9675

Website: <http://www.dreamstoreality-jc.org/>

### **Requirement:**

- Must be referred from a community agency

### **Programs Include:**

- Providing low-income, employment seeking women with professional clothing
- Hours of operation:
  - Tuesday & Thursdays 10a-2p
  - 1<sup>st</sup> Saturday of each month 9a-11a

Updated: 06/10/2024 (MW)

### **Goodwill Industries**

1806 Missouri Boulevard, Jefferson City, MO 65101

Phone: (573) 635-6228

Website: <https://mersgoodwill.org/>

#### **Programs Include:**

- Providing low-income, employment seeking women with professional clothing

### **Salvation Army Thrift Store**

718 Michigan Street, Jefferson City, MO 65101

Phone: (573) 635-1463

Website: [http://www.usc.salvationarmy.org/usc/www\\_usc\\_columbia.nsf](http://www.usc.salvationarmy.org/usc/www_usc_columbia.nsf)

#### **Program Includes:**

- Provides re-purposed clothing and household items to the community at a discounted cost

## **Disaster Preparedness & Relief**

### **Federal Emergency Management Agency (FEMA)**

Phone: 800-621-3362

Website: <https://www.disasterassistance.gov/>

#### **Informational Topics Include:**

- National preparedness
- Training and Education
- Disaster declarations
- Assistance after a disaster

### **Missouri Department of Health and Senior Services, Disaster and Emergency Planning**

912 Wildwood Dr., Jefferson City, MO 65109

Phone: (573) 751-6400

Website: <http://health.mo.gov/emergencies/index.php>

#### **Informational Topics Include:**

- Emergency preparation
- Information on natural disasters and weather emergencies
- Information on biological and chemical terrorism
- Emergency response information
- Information on traumatic injuries
- Pediatric disaster resources
- Public health messages

### **Cole County Emergency Management Agency**

1736 Southridge Drive, Jefferson City, MO 65109

Phone: (573) 634-9146

Website: <https://www.colecounty.org/148/Emergency-Management-Agency>

#### **Informational Topics Include:**

- County wide emergency operations plan
- Resource plan

### **American Red Cross**

3230 Emerald Lane, Jefferson City, MO 65109

Phone: (573) 635-1132

Website: <http://www.redcross.org/>

#### **Programs Include:**

- Disaster relief
- Emergency shelter assistance
- Smoke detectors
- Training & Certification
  - CPR, first aid, narcan, AED, babysitting, CNA, BLS
- Military–deployment communication and support

### **Missouri Baptist Disaster Relief**

400 East High Street, Jefferson City, MO 65101

Phone: 800-736-6227

Website: <https://modr.org/contact/>

#### **Programs Include:**

- Disaster relief
  - Tornado, fire, windstorm, flooding
- Mold clean up

## **Community Resources**

### **Jefferson City Chamber of Commerce**

213 Adams Street, Jefferson City, MO 65101

Website: <http://www.jcchamber.org/>

#### **Informational Topics Include:**

- Welcome to the City of Jefferson packet
- Community programs
- Business directory
- City and County map

Updated: 06/10/2024 (MW)

## **Missouri Veterans Commission**

205 Jefferson Street, 12<sup>th</sup> floor, Jefferson City, MO 65110

Phone: (573) 751-3779

Website: <http://mvc.dps.mo.gov/>

### **Programs Include:**

- **Veteran's Crisis Line: 988**
- Assist veterans with their disability applications
- Educational assistance and programs
- Veteran's home loans
- Oversee the State Veteran's cemeteries
- Assist veteran's with burial benefits
- Cemetery gravesite locator
- Manage the Veteran's homes located throughout Missouri

## **Missouri Department of Health and Senior Services – Abuse, Neglect, and Exploitation of the Elderly and Disabled**

930 Wildwood Drive, Jefferson City, Mo 65109

Phone: (573) 751-6400

**HOTLINE: 800-392-0210**

Website:

<https://health.mo.gov/safety/abuse/#:~:text=If%20you%20suspect%20someone%20is,%2D800%2D735%2D2466.>

### **Informational Topics Include:**

- Investigating Adult Abuse & Neglect
- Reporting suspected abuse of an elderly or disabled adult
- Adult Protective Services
- Elder abuse awareness

## **United Way**

205 Alameda Drive, Jefferson City, MO 65109

Website: <https://www.unitedwaycemo.org/>

### **Informational Topics Include:**

- Community resource depot
- **Resource line 211**
- Early childhood initiatives
- Unmet needs committee
- Community grant information

Updated: 06/10/2024 (MW)

## **Jefferson City Parks and Recreation**

1299 Lafayette Street, Jefferson City, MO 65101

Phone: (573) 634-6482

Website: <https://www.icparks.com/>

### **Programs Include:**

- Youth programs
  - Aquatics, golf, ice sports, outdoor rec, sports leagues, day camps
- Adult programs
  - Rec leagues, outdoor, ice skating, golf, aquatics, active living
- Adaptive programs
  - Recreation activities, social functions, miracle league baseball, day trips

## **Missouri River Regional Library**

214 Adams Street, Jefferson City, MO 65101

Phone: (573) 634-2464

Website: <https://www.mrrl.org/>

### **Programs Include:**

- Library
- Community events
  - Story time, yoga, pizza & pages, book club,
- Art
  - Paint party
- Bookmobile
- Technology
  - Community computers, printers, and wifi
- Instructional courses
  - Knitting, cooking

## **Catholic Charities of Central & Northern Missouri**

2201 West Main Street, Jefferson City, MO 65109

Phone: (573) 635-7719

Website: <https://catholiccharitiesusa.org/members/catholic-charities-of-central-northern-missouri>

### **Programs Include:**

- Counseling services
- Health and nutrition
- Immigration services
- Refugee services
- Community outreach

### **First United Methodist Church**

201 Monroe Street, Jefferson City, MO 65101  
Phone: (573) 635-6886  
Website: <https://www.jcfumc.org/>

#### **Services Include:**

- Cooking classes
- Care packages
- Private community shower
  - Monday – Thursday 9a-3p

### **El Puente Hispanic Ministry**

2709 Industrial Drive, Suite B, Jefferson City, MO 65109  
Phone: (573) 635-2540  
Website: <https://elpuentemo.org/>

#### **Programs Include:**

- Case management for the Hispanic community
- Bridges services for the Hispanic community with the broader community
- Translation services
- Community outreach

### **Project Homeless Connect**

201 Monroe Street, Jefferson City, MO 65101  
Website: <https://www.jcmo-phc.org/>

#### **Program Information:**

An annual, one day event intended to assist our community's homeless population overcome barriers.

#### **Services include:**

- Basic medical, dental, & vision care
- Photo id's
- Employment services
- Hygiene services
- Food

### **Central Missouri Stop Human Trafficking Coalition**

503 East Nifong Boulevard, Suite H, Columbia, MO  
Phone: 866-590-5959  
Website: <https://stophumantraffickingmo.com/>

#### **Programs Include:**

- Survivor support
- Community education and outreach

## **Columbia Interpreting Services**

12600 West Highway EE, Rocheport, MO 65279

Phone: (573) 442-9876

Website: <https://www.columbiainterpretingservices.net/>

### **Services include:**

- American sign language interpretation

## **AML -Global, American Language Services**

1849 Sawtelle Boulevard, Suite 600, Las Angeles, CA 90025

Phone: (310) 829-0741

Website: [https://www.alsglobal.net/services/interpreting/legal-interpreting/?cid=interpreting\\_-\\_type&aid=legal\\_service&kid=legal\\_interpreting\\_service&mt=p&sid=google&gad\\_source=1&gclid=EAlaIqObChMI1KqH8N7WhgMVd0xHAR1SpANYEAYASAAEgIZRvD\\_BwE](https://www.alsglobal.net/services/interpreting/legal-interpreting/?cid=interpreting_-_type&aid=legal_service&kid=legal_interpreting_service&mt=p&sid=google&gad_source=1&gclid=EAlaIqObChMI1KqH8N7WhgMVd0xHAR1SpANYEAYASAAEgIZRvD_BwE)

### **Programs Include:**

- Legal interpreting specialists for 200+ languages
  - In person, virtual, telephone

## **Safe Kids Missouri**

930 Wildwood Drive, PO Box 570, Jefferson City, MO 65102

Phone: (573) 751-6340

Website: <https://www.safekids.org/coalition/safe-kids-missouri>

### **Programs Include:**

- Car seat check-ups
- Child safety workshops
- Sports clinics
- Prevention of childhood injuries

## **Council for Drug Free Youth**

512 Jefferson Street, Jefferson City, MO 65101

Phone: (573) 636-2411

Website: <https://iccdfy.org/>

### **Programs Include:**

- Safety kids
- Alcohol education
- Second chance change
- Signs of suicide prevention program
- Tobacco prevention
- Baseline

Updated: 06/10/2024 (MW)

### **University of Missouri Extension – Cole County**

2436 Tanner Bridge Road, Jefferson City, MO 65101

Phone: (573) 634-2824

Website: <https://extension.missouri.edu/counties/cole>

#### **Programs Include:**

- Engaging youth with the community
- Professional training
- Improving health and relationships
- Growing safe and healthy food
- 4-H
- Resources

### **Habitat for Humanity Restore**

1420 Creek Trail Drive, Jefferson City, MO 65109

Phone: (573) 635-6106

Website: <https://www.rivercityhabitat.org/restore>

#### **Programs Include:**

- Reselling household items at a reduced cost to support the construction of Habitat homes
- Hours of operation:
  - Thursday & Saturday 9a-12p
  - Friday 12:30p-5p

**\*If any of the information contained within this community resource guide is incorrect or has been changed, modified, and/or discontinued, please contact [Melissa.Wilkinson@courts.mo.gov](mailto:Melissa.Wilkinson@courts.mo.gov)**