



Public Health
Prevent. Promote. Protect.

Cole County
Health Department

FOR IMMEDIATE RELEASE – December 30, 2020

COLE COUNTY, MO – As we approach this weekend and look forward to ringing in the New Year, please continue to prevent the spread of COVID-19. The safest way to celebrate the New Year is to celebrate at home with the people in your household or virtually with friends and family. Staying home is the best way to protect yourself and others. If you are planning to celebrate with people outside your household, remember to practice all the preventative actions – monitor yourself for symptoms, stay home if feeling sick, avoid touching your face, wash your hands often, avoid crowds and poorly ventilated indoor spaces, social distance and wear a mask where social distancing cannot be maintained.

Thank you for working diligently to plan creative celebrations with family and friends this holiday season. Being away from loved ones during the holidays can be hard, but we hope the community will see both short- and long-term benefits of finding new ways to celebrate this year.

“As the number of positive cases and hospitalizations have recently decreased, the Cole County Health Department is cautiously optimistic about the status of the COVID-19 pandemic in our community. However, now is not the time to let down our guard. We need to continue doing all the recommended preventative measures to slow the spread of COVID-19. Please celebrate the New Year safely.” – Kristi Campbell, Director of the Cole County Health Department

“CRMC continues to see a lower number of COVID admissions, but other expected winter admissions are coming into the hospital and requiring critical care services. We are all eager to celebrate the end of 2020, but we need to do so safely! Continue to physically distance from one another and avoid large gatherings, quarantine if exposed or you have COVID, stay home if you are sick from other contagious illnesses, and be diligent with hand washing.” – Dr. Haight, Capital Region Medical Center

“We urge you to take every possible precaution during this New Year’s holiday celebration. There are still many that are becoming ill with COVID-19, requiring hospitalization and even succumbing to this potentially fatal illness. Take responsibility for yourself and for those that you love. If you do it will make for a much happier 2021.” – Dr. Robbins, Jefferson City Medical Group

If you have questions, please consult a factual source, such as <http://www.CDC.gov> or www.health.mo.gov/coronavirus. The community can also call MDHSS 24-hour hotline (877) 435-8411 to address questions or concerns related to COVID-19.
